

SEA LIFE Sunshine Coast COVID-19 Dive Medical Update

Due to the affects COVID-19 can have on the respiratory system, SEA LIFE Sunshine Coast has put in place the following procedures.

Following the guidance from DAN (Divers Alert Network) we require SDX guests to have a waiting period of at least 7 days after receiving a COVID-19 vaccination before participating in their SDX experience.

During this time, participants should monitor themselves for any signs and symptoms associated with the COVID-19 vaccination. These include headaches, mild fever, nausea, pain at the injection site, dizziness, gastro-intestinal disorders, and swollen lymph nodes.

If these side-effects last longer than 48 hours, divers should contact our reservations team to reschedule their experience and prolong their waiting period to 14 days post vaccination.

Those with personal health-risk factors such as being overweight; having chronic metabolic disease (including diabetes); a smoker; or taking medication such as oral contraceptives that might increase risk of embolisms, should also extend their waiting period to 14 days post vaccination.

SDX guests who have tested positive for COVID-19, must seek medical clearance from a <u>certified diving doctor</u> prior to their dive. It is advised this is done at least 2 weeks prior to the date of your experience.

If you require further information about your Shark Dive, please contact: <u>SLSCreservations@merlinentertainments.com.au.</u>