

SHARK DIVE

X T R E M E

SDX COVID-19 Medical Questionnaire

Please note: the epidemiological situation is constantly evolving, and this document may be subject to changes and updates.

Following the guidance presented by DAN (Divers Alert Network: https://alertdiver.eu/en_US), SeaLife Sydney Aquarium has put the following COVID-19 questionnaire in place.

You have indicated on SeaLife Sydney's Aquarium's SDX Medical declaration that you have tested positive for Covid-19.

As COVID-19 affects the respiratory system, and the extent of long-term health implications unknown, it is important to answer the following question honestly to not place yourself, or others at risk.

Please select from the below which best describes the severity of symptoms you experienced:

- Asymptomatic:** Producing or showing no symptoms – **Please see Table 1**
- Paucisymptomatic:** nasal congestion, sore throat, in the absence of fever, cough, general feeling of illness & discomfort, headache and/or myalgia – **Please see Table 1**
- Mild:** fever, cough, loss of taste and smell, malaise, headache, general feeling of illness & discomfort, without shortness of breath, muscle aches, or abnormal chest imaging – **Please see Table 2**
- Moderate:** More than mild but not severe enough to require hospitalisation – **Please see Table 3**
- Severe:** Required extensive treatment and support for serious respiratory problems and/or were hospitalised – **Please see Table 3**

Table 1	Following the guidance presented by DAN, it is required you wait a minimum of 7 days after testing positive and/or make a full recovery* before participating in your dive. A medical check-up with your treating doctor is recommended if you do not feel you have regained normal physical and mental capacity.
Table 2	Following the guidance presented by DAN, it is required you wait a minimum of 10 days after making a full recover*. You are then required to complete a clinical assessment by a GP or a Diving Medicine specialist before participating in your dive.
Table 3	Following the guidance presented by DAN, it is required you wait a minimum of 10 days after making a full recovery* then you must gain medical clearance from a specialised diving doctor before participating in your dive.

*full recovery: asymptomatic, at full exercise capability and without abnormalities

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing / past health conditions.

Signature: _____ Date: _____

Witness: _____ Date: _____

Parent/ Legal Guardian (required for those under the age of 18)